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## **HOLES RD 08-25, RD 08-26 and RD 08-30 INTERSECT NEAR SOLID SULPHIDES: ASSAYS NOW PENDING ON 7 HOLES**

Vancouver, B.C., February 19, 2008. VMS Ventures Inc. (TSX.V: VMS) (the Company) is pleased to report an update of its ongoing exploration program at the Reed Project Discovery Zone near Snow Lake, Manitoba

### **Highlights:**

**Hole RD 08-25: 2.35m (7.70 ft) of Near Solid Sulphide, Assays Pending**

**Hole RD 08-26: 24.86m (81.56 ft) of Near Solid Sulphide, Assays Pending**

**Hole RD 08-30: 22.68m (74.40 ft) of Near Solid Sulphide, Assays Pending**

Drill hole RD08-26 intersected 4 different zones of NSS over a core length of approximately 70 m. The repetition of NSS in drill hole RD08-26 may be due to folding or faulting.

Drill holes RD08-24 and RD08-28, like drill holes RD08-18 and RD08-19, appear to have been drilled over the top of the sulphide body into the barren hanging wall rocks.

### **REED LAKE DRILL HOLE DETAILS**

DRILL HOLE	FROM (m)	TO (m)	INT	Cu %	Zn %	Au g/t	Ag g/t	DHP	STATUS
RD08-23									Drilling
RD08-24									NSI
RD08-25									Drilling
RD08-26	62.65	64.05	1.40						NSS
RD08-26 And	66.28	69.84	2.56						NSS
RD08-26 And	73.40	82.85	9.45						NSS
RD08-26 And	122.45	133.90	11.45						NSS
RD08-27									Not Drilled Yet
RD08-28									Complete
RD08-29									Not Drilled Yet
RD08-30	136.70	159.38	22.68						NSS
RD08-31									Not Drilled Yet
RD08-32	124.85								NSS

NSI = No Sulphide

NSS = Near Solid Sulphide

The true thickness of the intervals is not known

Drill Holes RD08-22 and RD08-26 have been logged, sampled sent for assay. Drill holes RD08-25 and RD08-30 are being logged and drill hole RD08-32 is still being drilled.

Vice President of Exploration, Dr. George Gale states: "Drilling continues to provide near solid sulphide intervals (NSS) over substantial thicknesses in drill core. Local folding and faulting are complex and consequently the deposit geometry is complex in this area. For example, the presence of magnetite above NSS in several of the recent holes, instead of below the sulphide as in the earlier holes, suggests that the deposit is tightly folded in the area of drilling. The next few drill holes are located to the southwest of recent drilling and are designed to intersect the deposit at depths of 100 to 150m."

#### DRILL HOLE COORDINATES AND DATA

DRILL HOLE	Northing	Easting	EOH (m)	DIP	AZIMUTH	STATUS
RD08-23	6048775	393978		-45°	045	In progress
RD08-24	6048838	393916	209.39	-45°	045	045
RD08-25	6048765	393914		-45°	045	In progress
RD08-26	6048838	393916	145.39	-60°	045	Assays Pending
RD08-27						Not drilled yet
RD08-28	6048845	393875	124.05	-45°	045	045
RD08-29						Not drilled yet
RD08-30	6048845	393875	273.41	-60°	045	045
RD08-31						Not drilled yet
RD08-32	6048819	393835		-45°	045	In progress

Geophysical crews are back onto the property to complete the DEEP EM survey over the newly cut geophysical grid and have now completed about one-third of the grid at this time. Down hole geophysical surveys will be begun when this surface work is complete.

Geotech has now completed flying the 2008 VTEM survey over the Discovery Zone in a north-south direction to provide better definition of the geophysical anomalies identified during the initial survey in March, 2007. The Company's geophysical consultant is currently evaluating the data

One of the three drills currently on the Discovery Zone is scheduled to begin testing other anomalies north of the discovery on the Reed Project as soon as its current hole is completed. Due to the recent intensely cold weather, new roads to these new drill sites have been packed and are ready for immediate use

All technical information in this release has been reviewed by the Qualified Person, Dr. George Gale, P.Eng. All samples have been prepared and analyzed at TSL Laboratories in Saskatoon, Saskatchewan using ICP-MS and Fire Assay analytical methods.

VMS Ventures Inc. is focused primarily on acquiring, exploring and developing copper-zinc properties in the Flin Flon-Snow Lake VMS Belt. The Company also holds the largest land package considered prospective for nickel-copper mineralization at Lynn Lake, which is to date Canada's third largest nickel producing camp. The Company's project portfolio consists of the Snow Lake VMS project, the Lynn Lake Gabbros nickel-copper project, the Nickel Belt project, the South Bay nickel-copper-cobalt PGE property, and the Eden Lake Carbonatite Complex, Specialty Metals property. All VMS Ventures Inc. properties are located in the mining friendly province of Manitoba, Canada.

#### ON BEHALF OF THE BOARD OF DIRECTORS

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