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DRILL HOLE RD-08-71 INTERSECTS 39.71 METRES OF 4.04% COPPER, AT REED LAKE DISCOVERY ZONE, SNOW LAKE MANITOBA

Vancouver, B.C., November 26, 2008 VMS Ventures Inc. (TSX-V: VMS) (the “Company”) is pleased to announce results from drill holes RD-08-68, RD-08-69, RD-08-70 and 71 at its Reed Lake Discovery Zone near Snow Lake, Manitoba.

Highlights:

- **RD-08-71 Intersects: 39.71 metres (130.28 feet) of 4.04% Copper**

**TABLE ONE
 REED LAKE DRILLHOLES*
 RD-08-70 and RD-08-71**

HOLE ID	FROM (m)	TO (m)	INTERVAL (m)	COPPER (%)	ZINC (%)	SILVER (g/t)	GOLD (g/t)
RD-08-70	408.95	413.43	4.48	0.25	0.03	2.54	0.0
RD-08-71	282.03	285.03	3.0	0.36	0.88	4.2	0.01
RD-08-71	445.39	485.1	39.71	4.04	0.31	6.88	0.23

**True Thickness unknown*

Vice President of Exploration, Dr. George Gale states: “Hole RD-08-68 was drilled to test for mineralization below hole RD-08-67. Hole RD-08-69, was designed to test the eastern extension of the mineralization. These holes intersected only the mafic intrusion and did not intersect either the A or B lense. No further holes will be drilled in that area of the deposit, until a clearer geological picture and geophysical target is developed. Holes RD-08-70 and RD-08-71 tested the western extension of both the A and B lenses. Both drill holes intersected the A lense. Hole RD-08-71 also intersected the central parts of the B lense, whereas hole RD-08-70 overshot the top of the B lense. Holes 68 and 69 determined what may be the eastern extent of the B lense. Holes 70 and 71 are on the western most section drilled to date. Borehole geophysical surveys indicate that both lenses are still open to the west of the section containing holes 70 and 71”.

All technical information in this release has been reviewed by Dr. George Gale, P.Eng., Vice President, VMS Ventures Inc.

VMS Ventures Inc. currently has a profile on Corebox.net which is updated as soon as assay results are released. The link to visit our Corebox profile is:
http://www.corebox.net/properties/reed_lake/.

VMS Ventures Inc. is focused primarily on acquiring, exploring and developing copper-zinc properties in the Flin Flon-Snow Lake VMS Belt. The Company also holds the largest land

package considered prospective for nickel-copper mineralization at Lynn Lake, which is to date Canada's third largest nickel producing camp. The Company's project portfolio consists of the Snow Lake VMS project, the Lynn Lake Gabbros nickel-copper project, the Nickel Belt project, the South Bay nickel-copper-cobalt PGE property, and the Eden Lake Carbonatite Complex, Specialty Metals property. All VMS Ventures Inc. properties are located in the mining friendly province of Manitoba, Canada.

ON BEHALF OF THE BOARD OF DIRECTORS

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