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**DRILL HOLE RD-08-61 INTERSECTS 100.19 METRES OF 3.59% COPPER,  
 INCLUDING 9.71 METRES OF 17.79% COPPER AT REED LAKE DISCOVERY  
 ZONE, SNOW LAKE MANITOBA**

Vancouver, B.C., October 1, 2008 VMS Ventures Inc. (TSX-V: VMS) (the “Company”) is pleased to announce assay results from drillholes RD-08-58, RD-08-59, RD-08-60 and RD-08-61 at its Reed Lake Discovery Zone near Snow Lake, Manitoba.

**Highlights:**

- **RD-08-61 Intersects: 100.19 metres (328.70 feet) of 3.59% Copper**  
     **Including 40.50 metres (132.87 feet) of 7.79% Copper**  
     **Including 16.33 metres (53.58 feet) of 14.58% Copper**  
     **Including 9.71 metres (23.59 feet) of 17.79% Copper**
  
- **RD-08-58 Intersects: 26.74 metres (87.73 feet) of 2.51% Copper**  
     **Including 13.03 metres (42.75 feet) of 3.36% Copper**

**TABLE ONE  
 REED LAKE DRILLHOLES\*  
 RD-08-58, RD-08-59, RD-08-60 and RD-08-61**

HOLE ID	FROM (m)	TO (m)	INTERVAL (m)	COPPER (%)	ZINC (%)	SILVER (g/t)	GOLD (g/t)
RD-08-58	251.36	278.10	26.74	2.51	0.05	Pending	Pending
inc	259.80	272.83	13.03	3.36	0.06	Pending	Pending
RD-08-59	125.23	125.80	0.57	2.76	0.63	Pending	Pending
and	185.01	223.41	38.40	0.92	0.05	Pending	Pending
and	221.41	223.41	2.00	6.94	0.26	Pending	Pending
RD-08-60	326.22	327.10	0.88	2.40	0.90	Pending	Pending
and	331.88	332.56	0.68	1.15	0.07	Pending	Pending
RD-08-61	139.00	144.89	5.89	2.26	0.98	Pending	Pending
and	231.51	331.70	100.19	3.59	0.11	Pending	Pending
inc	231.51	272.01	40.50	7.79	0.07	Pending	Pending
inc	254.37	270.70	16.33	14.58	0.13	Pending	Pending
inc	254.37	264.08	9.71	17.79	0.14	Pending	Pending
and	372.32	373.25	0.93	3.61	0.51	Pending	Pending

\*True Thickness unknown

Vice President of Exploration, Dr. George Gale states, "Hole 61 demonstrates that the B lense has potential to host exceptional copper grades. The lower intersection at 372.32 m may very well represent the beginning of a new and deeper B-type lense, which also occurs within the alteration zone rocks. We will continue to focus our investigations on locating the source for this mobilized mineralization."

All technical information in this release has been reviewed by Dr. George Gale, P.Eng., Vice President, VMS Ventures Inc.

VMS Ventures Inc. currently has a profile on Corebox.net which is updated as soon as assay results are released. The link to visit our Corebox profile is:  
[http://www.corebox.net/properties/reed\\_lake/](http://www.corebox.net/properties/reed_lake/).

VMS Ventures Inc. is focused primarily on acquiring, exploring and developing copper-zinc properties in the Flin Flon-Snow Lake VMS Belt. The Company also holds the largest land package considered prospective for nickel-copper mineralization at Lynn Lake, which is to date Canada's third largest nickel producing camp. The Company's project portfolio consists of the Snow Lake VMS project, the Lynn Lake Gabbros nickel-copper project, the Nickel Belt project, the South Bay nickel-copper-cobalt PGE property, and the Eden Lake Carbonatite Complex, Specialty Metals property. All VMS Ventures Inc. properties are located in the mining friendly province of Manitoba, Canada.

ON BEHALF OF THE BOARD OF DIRECTORS

John Roozendaal B.Sc.  
President & Director

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**The TSX Venture exchange does not accept responsibility for the  
adequacy or accuracy of this release.**