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**RD-08-71 INTERSECTS 39.71 METRES OF MINERALIZATION DOWN TO 450 METRES BELOW SURFACE AT REED LAKE DISCOVERY ZONE, SNOW LAKE, MANITOBA**

Vancouver, B.C., September 3, 2008 VMS Ventures Inc. (TSX-V: VMS) (the “Company”) is pleased to report that RD-08-71 has intersected 39.71 metres of Near Solid Sulphide (NSS) to a depth of approximately 450 metres (1475 feet) at its Reed Lake Discovery Zone near Snow Lake, Manitoba.

RD-08-71 was drilled to test the depth and extent of mineralization discovered in RD-08-41, which, as reported July 3, 2008, has 10.36% copper over 33.46 metres to a depth of approximately 350 metres. Assays are pending.

**Diamond Drill Highlights include:**

**RD-08-71: 39.71m (130.28 ft) of Near Solid Sulphide (NSS)**

**RD-08-66: 4.4m (14.44 ft) of NSS and Sulphide Veinlets**

**(Assays Pending)**

<b>DRILL HOLE</b>	<b>FROM (m)</b>	<b>TO (m)</b>	<b>INT* (m)</b>	<b>MINERALIZATION DESCRIPTION</b>
RD-08-66	84.90	86.89	1.99	Near Solid Sulphide
RD-08-66	86.89	87.80	0.91	Sulphide Veinlets
RD-08-66	87.80	89.30	1.50	Near Solid Sulphide
RD-08-66	97.86	111.33	13.47	Sulphide Stringers
RD-08-66	111.33	111.86	0.53	Near Solid Sulphide
RD-08-70	206.40	206.58	0.18	Near Solid Sulphide
RD-08-71	282.19	285.26	3.07	Near Solid Sulphide
RD-08-71	445.39	485.10	39.71	Near Solid Sulphide

- **True thickness of mineralized interval is unknown**

Dr. George Gale VP Exploration states “The intersection in RD-08-71 at approximately 450 metres from surface is the deepest mineralization discovered to date. Subsequent drillholes will test the mineralization below the 500 metre level and attempt to extend the mineralization to the west as this lense appears to be steeply dipping with an approximate east-west strike.”

Off-hole EM geophysical anomalies have identified conductive targets along strike to the east and below hole RD-08-71.

A recent Induced Polarization geophysical survey indicates the presence of an anomaly that is interpreted to be the westward extension of the zone intersected in hole RD-08-41.

Drillholes RD-08-66, RD-08-67, RD-08-68 and RD-08-69 were designed to test the eastern and upper limits of the Discovery Zone mineralization. RD-08-66 intersected NSS and sulphide veinlets over 4.40 metres at a depth of approximately 60 metres below surface followed by a 13.47 metre interval of sulphide veinlets. This section is defined by drillholes RD-08-60, RD-08-58 and RD-08-12. Holes RD-08-67 and RD-08-68 drilled on another section approximately 30 metres to the east did not intersect mineralization.

All technical information in this release has been reviewed by Dr. George Gale, P.Geo, Vice President, VMS Ventures Inc.

VMS Ventures Inc. is focused primarily on acquiring, exploring and developing copper-zinc properties in the Flin Flon-Snow Lake VMS Belt. The Company also holds the largest land package considered prospective for nickel-copper mineralization at Lynn Lake, which is to date Canada's third largest nickel producing camp. The Company's project portfolio consists of the Snow Lake VMS project, the Lynn Lake Gabbros nickel-copper project, the Nickel Belt project, the South Bay nickel-copper-cobalt PGE property, and the Eden Lake Carbonatite Complex, Specialty Metals property. All VMS Ventures Inc. properties are located in the mining friendly province of Manitoba, Canada.

ON BEHALF OF THE BOARD OF DIRECTORS

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**The TSX Venture exchange does not accept responsibility for the adequacy or accuracy of this release.**